# Supervision Template

## Supervisee Name: Date:

## Supervisor Name: Job Title:

### Supervision Agreement

We both agree that supervision is a safe, professional and productive space for meaningful critical reflection and professional development. We agree that all information contained in this session is confidential except in circumstances of serious concern related to the ethical or professional conduct of the supervisee or for the safety of the people we are working with.

## Supervisor feedback

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## Supervisee Feedback

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### Wellbeing Check-In

Supervisee Wellness Rating: [ ] [Mental Health Check-in - Beyond Blue](https://www.beyondblue.org.au/mental-health/check-your-mental-health/check-in)

### Professional Goals (Review and Amend Ongoing)

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| **Goal** | **Actions** | **Timeframe** | **Who?** |
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### Supervision Domains

### Reflective Prompts

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| **Supervisor** | **Supervisee** |
| What wellness activities are helping you maintain work/life balance?  What are you enjoying and not enjoying about your working life at this time?  In what ways does the team environment contribute to or hinder your wellbeing?  Are there any adjustments that can be made to promote a healthier balance?  Are there additional resources or support systems that could assist you more?  What professional judgements and decisions have been backed by evidence-based practice?  When faced with challenges or ethical dilemmas have you been aware of any biases or values-driven responses in your practice? | How can I enhance my skills under your guidance?  Are there specific training opportunities, workshops, or projects that would align with my professional development goals?  Are there specific areas where you see potential for growth in my interpersonal skills?  How can we collaborate to ensure I am continuously challenged and engaged without feeling overwhelmed?  How can we work together to build on these strengths and address any identified areas for improvement?  Are there specific ways in which I can support my colleagues or take on additional responsibilities to enhance the overall success of the team? |

### Items For Discussion

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| **Domains and Agenda Items** | **Notes and Discussion Points** | **Strategies/Actions** |
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| **Highlights/Achievements** |  | |

**Supervisor Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Supervisee Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_**